ENFIELD PUBLIC SCHOOLS

WELLNESS POLICY

TRIENNIAL ASSESSMENT

The USDA ‘s Final Rule: Local School Wellness Policy Implementation Under the HHFKA of 2010 requires that each local education agency (LEA) participating in the NSLP (National School Lunch Program) and SBP (School Breakfast Program) must complete an assessment of their local school wellness policy (LSWP) at least once every three years. This document assists LEAs with meeting the USDA’s triennial assessment requirements.

In the past year, the Nutrition Services Director along with School Wellness Committee members reviewed our LSWP. The assessment checks to see if our policy meets the requirements set forth by the Federal government and determines how we are doing in practice when it comes to meeting our wellness goals. While Enfield is doing well in many areas, there are areas that need to be revised and/or improved.

The district scorecard is broken down into 4 different sections. Section 1 shows areas we have both strong policies and strong practices in place. Section 2 shows areas that we have a district policy in place, but we have not fully implemented these policies. An implementation plan will be developed for these areas. Section 3 shows that while we are fully implanting a policy, there is weak or no language in the written wellness policy. This section will be used to update our policies to more accurately be reflected in the wellness policy. It should be noted that the district has other policies in place that address many of these areas and were just not included in the Wellness Policy. Section 4 shows areas where there is an opportunity for growth, and this area will be addressed as we update our policy.

The district WELLSAT score card which was used to rank our policy and practices is available in the link below. Also uploaded is Worksheet 4: Summary of Findings. The Wellness Committee will meet in the coming year to update the policy as needed and to align our policy with best practices as we work to increase our focus on the wellness of the school community.